

## February Breakfast and Lunch Menu 2012

Every breakfast and lunch served with choice of milk. Breakfast 1.00 Lunch \$1.95  
 Emergency substitutions may be necessary.  
**Only white milk on cereal days.**

**Breakfast requirements**  
**½ c. fruit or veg.**  
**1 bread or cereal**  
**1 oz. meat or 1 bread/cereal**  
**Milk**

30 <b>Breakfast:</b> French Toast Fruit <b>NEW</b> <b>Lunch:</b> <b>Breakfast for Lunch</b> Scrambled Eggs Ham Slice Fruit Choice Banana Bread	31 <b>Breakfast:</b> Waffles With the works! 100% Juice <b>Lunch:</b> <b>Hamburger or Cheeseburger on a bun</b> Baked beans Fruit Choice Pudding	1 <b>Breakfast:</b> Pancakes Fruit Graham cracker <b>Lunch:</b> <b>Baked Mini Corn Dogs</b> Seasoned Corn Fruit Choice Bread Brownie	2 <b>Breakfast:</b> Choice of cereal Toast Fruit Cup <b>Lunch:</b> <b>Oven Baked Cheese Sandwich</b> Tomato soup & crackers Carrot Sticks & Dip Fruit Choice Cookie	3 <b>Breakfast:</b> Scrambled Eggs Toast Fruit <b>Lunch:</b> <b>Baked Chicken Nuggets</b> Green Beans Fruit Choice Cinnamon Roll
6 <b>Breakfast:</b> Choice of cereal Toast Fruit <b>Lunch:</b> <b>Freshly made Sausage, Pepperoni, Cheese or Combo Pizza or Stromboli</b> Garden Salad Fruit Choice Cookie	7 <b>Breakfast:</b> Scrambled Eggs Toast Fruit <b>Lunch:</b> <b>Sub Sandwich Cheese and Turkey</b> Chips Carrot sticks Fruit Choice Whole Wheat Cookie	8 <b>Breakfast:</b> Pancakes Fruit Cup <b>Lunch:</b> <b>Ham Slice</b> Mashed Potatoes Seasoned Corn Fruit Choice Dinner Roll Cake	9 <b>Breakfast:</b> French Toast 100% Juice <b>Lunch:</b> <b>Baked Chicken Patty Sandwich</b> Green Beans Fruit Choice Cup cake	10 <b>Breakfast:</b> Waffle With the works! Fruit Cup <b>Lunch:</b> <b>Pizza Dippers &amp; Marinara Dipping Sauce</b> Corn Fruit Choice Whole Wheat Dinner Roll
13 <b>Breakfast:</b> Scrambled Eggs Toast Fruit <b>Lunch:</b> <b>CHOICE</b> <b>Oven Baked Chicken Nugget or Chef Salad</b> Corn Fruit Choice Whole Wheat Dinner Roll	14 <b>Breakfast:</b> Choice of cereal Toast Fruit <b>Lunch:</b> <b>Pancakes</b> Yogurt Strawberry Cup Fruit Choice Cinnamon Roll	15 <b>Breakfast:</b> French Toast Fruit <b>Lunch:</b> <b>Taco Salad with the works or Taco's</b> Spanish Rice Corn Fruit Choice	16 <b>Breakfast:</b> Waffle With the works! Fruit <b>Lunch:</b> <b>CHOICE</b> <b>Whole Grain Rotini With Sauce or Lasagna</b> Mozzarella cheese Garden Salad Fruit Choice Garlic whole wheat bread stick	17 <b>Breakfast:</b> Choice of cereal Toast Fruit <b>Lunch:</b> <b>Hamburger or Cheeseburger on a bun</b> Baked beans Fruit Choice Pudding
20 <b>Breakfast:</b> Scrambled Eggs Toast Fruit <b>Lunch:</b> <b>Freshly made Sausage, Pepperoni, Cheese or Combo Pizza</b> Garden Salad Fruit Choice Cookie	21 <b>Breakfast:</b> Choice of Cereal Toast Fruit <b>Lunch:</b> <b>Breakfast for Lunch Scrambled Eggs</b> Ham Slice Fruit Choice Banana Bread	22 <b>Breakfast:</b> French Toast Juice <b>Lunch:</b> <b>Sub Sandwich Cheese and Turkey</b> Chips Carrot sticks Fruit Choice Whole Wheat Cookie	23 <b>Breakfast:</b> Scrambled Eggs Toast Fruit <b>Lunch:</b> <b>Baked Mini Corn Dogs</b> Seasoned Corn Fruit Choice Bread Brownie	24 <b>Breakfast:</b> Choice of cereal Toast Fruit <b>Lunch:</b> <b>Baked Potato with the works (Ham, Cheese, Sour Cream Broccoli)</b> <b>Chicken Nuggets</b> Fruit Choice Roll