

November Breakfast and Lunch Menu 2008

Every breakfast and lunch served with choice of milk. Breakfast: Children \$1.00 & Adults \$ 1.00
 Emergency substitutions may be necessary.
Cereal or cereal bars may be substituted for main part of breakfast Lunch: \$1.95



Breakfast requirements
 ½ c. fruit or veg.
 1 bread or cereal
 1 oz. meat or 2
 bread/cereal
 Milk

3	Breakfast: Pancakes Yogurt Fruit Lunch: Pig in the Blanket French Fries Fruit Cookie	4	Breakfast: Assorted Cereal Toast Fruit Cup Lunch: Homemade Chili Cheese and Cracker Carrot Sticks Fruit Cinnamon Roll	5	Breakfast: Scrambled eggs with ham Toast Fruit Lunch: Stromboli Mixed veggies Fruit Pudding	6	Breakfast: Breakfast bites 100% Juice Lunch: Spaghetti with meat sauce Mozzarella cheese Lettuce salad Fruit Bread Stick	7	Breakfast: Cereal Toast Fruit Lunch: Homemade Pizza Lettuce salad Fruit Dirt Cup
10	Breakfast: Assorted Cereal Toast Fruit cup Lunch: Turkey sub Chips Applesauce Baby Carrots Cookie	11	Breakfast: Egg Omelet Toast Fruit Lunch: Hamburger or Cheesebu rger Corn Fruit	12	Breakfast: Scrambled eggs Cinnamon Toast Orange wedges Lunch: Taco Salad Rice Corn Fruit	13	Breakfast: Waffle with the works 100% Juice Lunch: Homemade Pizza Lettuce salad Fruit Cookie	14	Breakfast: Pancakes Yogurt 100% Juice Lunch: Baked Cheese Sandwich Tomato soup Carrot sticks Fruit Cookie
17	Breakfast: Assorted Cereal Muffin or toast Fruit Lunch: Hamburger or Cheesebu rger Corn Fruit	18	Breakfast: Egg and cheese on a English muffin Fruit cup Lunch: Spaghetti with meat sauce Mozzarella cheese Lettuce salad Fruit Bread Stick	19	Breakfast: Pancakes Sausage Fruit Lunch: Baked Cheese Sandwich Tomato soup Carrot sticks Fruit Cookie	20	Breakfast: Cinnamon French Toast Hot syrup 100% Juice Lunch: Stromboli Green Beans Fruit Pudding	21	Breakfast: Scrambled eggs English Muffin Fruit Cup Lunch: Pizza Dippers & Sauce Lettuce Salad Peaches Rice Crispy Treat
24	Breakfast: Scrambled Eggs with Ham Toast Fruit Cup Lunch: Pig in a blanket Green beans Fruit Brownie	25	Breakfast: Pancake Yogurt 100% Juice Lunch: Homemade Pizza Lettuce salad Fruit Cookie	26	Breakfast: Assorted Cereal Toast Fruit Cup Lunch: Thanksgiving dinner	Happy Thanksgiving  No School			